



SYLLABUS

Professional Program 2026

BASIC		
Class	Skill	Subject / Recipe
1	Knife Skill	Summer Fruit Salad
2	Food Knowledge	Basic Food Nutrition
3	Knife skill	Japanese Potato Salad
4	Food Knowledge	Introduction of Poultry and Meat
5	Basic Soup	Cream of Chicken Soup
6	Basic Salad and Dressing	Prawn Cocktail
7	Food Knowledge	Introduction of Fish, Seafood and Processed Food
8	Basic Salad and Dressing	Nicoise Salad
9	Simple Fish Recipe	Plaice Goujons
10	Food Knowledge	Introduction of Cheese, Egg and Dairy Product
11	Beef Stock Recipe	French Onion Soup

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12	Chicken Stock Recipe	Soto Ayam Lamongan
13	Food Knowledge	Introduction of Fruit, Vegetables and Variety of Herbs
14	Fish Stock Recipe	Clam Chowder
15	Deep Frying Technique	Southern Fried Chicken
16	Kitchen Knowledge	Basic Food Hygiene
17	Steam Technique	Pepes Ikan Patin
18	Grill Technique	Sate Ayam Madura Bumbu Kacang
19	Kitchen Knowledge	Introduction of Kitchen Equipment & Utensils
20	Wok Technique	Seafood Kwetiau
21	Pan Fried Technique	Beef Teppanyaki
22	Kitchen Knowledge	Basic Safety and First Aid
23	Roasting Technique	Roast Chicken with vegetables
24	Homemade Pasta	Mushroom Aglio Olio



25	Kitchen Knowledge	Introduction of Pastry & Bakery Ingredients and Equipment
26	Simple Bread Recipe	Loaf Bread
27	Simple Pastry Recipe	Fruit Tartlet
28	Kitchen Knowledge	Basic Purchasing, Receiving and Storing (FIFO)
29	Variety of Bakery	Cinnamon Roll
30	Variety of Pastry	Marble Cake
31	Business Management	Making Standard Recipe & Food Costing
32	Business Bakery Product	Korean Garlic Bread
33	Business Pastry Product	Tiramisu
34	Business Management	Digital Marketing for F&B Business
35	Business Bakery Product	Variety of Doughnut
36	Business Pastry Product	Almond Cookies
37	Kitchen Management	Leadership & Kitchen Organization
38	Japanese Cuisine	Variety of Sushi
39	Japanese Cuisine	Chicken Katsu with Japanese Curry
40	Kitchen Management	Basic Kitchen Lay Out
41	Asian Cuisine	Laksa Penang
42	Asian Cuisine	Thai Green Chicken Curry



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43	Business Study	Menu Engineering
44	Chinese Dimsum	Hakau
45	Chinese Cuisine	Steam Fish Hongkong Style
46	Knowledge School Assesment	
47	School Assesment (Cooking Practical)	
48	National Assesment (BNSP)	

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